

JOHNNY OSBERG

Centre · Men's Hockey | Assessed SEPTEMBER 23 2026



Your Assessment Explained

WHAT WE MEASURE

The Clutch Factor™ evaluates your cognitive processing speed, emotional regulation, and decision-making accuracy under simulated high-stakes pressure. It identifies whether your performance elevates, stabilizes, or degrades when the game is on the line.

HOW TO USE THIS

Use this score as a baseline. Elite athletes train their minds just like their bodies. Identify your tier, understand your current limitations, and use targeted mental conditioning to push your Clutch Factor™ into the next bracket.

The NTangible Edge: the predictive power of your score

Your Clutch Factor™ is not a personality test. It is a biological and neurological measurement of how you process information under high-leverage constraints. Here is what the data says about each tier:

800+ ELITE YOU ARE HERE	The Stat: 73% of NCAA athletes scoring in this range achieve All-American or All-Conference honors. The Meaning: You possess elite situational awareness and emotional regulation. You are wired to accelerate when the pressure peaks, making you a premium asset for high-stakes moments.
750 - 799 GREAT	The Stat: High school athletes scoring 750+ are 2x more likely to commit to a Division 1 program. The Meaning: You have the internal stability and decision-making speed that elite college recruiters demand. You are officially in the 'D1 Standard' zone.
725 - 749 ABOVE AVERAGE	The Benchmark: This is where most collegiate starters and high school prospects land. You are outperforming the majority of elite developmental talent. The Meaning: You handle pressure well and are on the cusp of top-tier recruit status. Fine-tuning your mental game with targeted exercises will push you into the 750+ bracket.
651 - 724 AVERAGE	The Benchmark: The national high school average across sports tested is 668. The Meaning: You are performing at the national baseline. You have the foundation, but consistency under stress is your current ceiling. Closing this gap is the fastest way to separate yourself from the pack.
650 & UNDER BELOW AVERAGE	The Meaning: Pressure currently disrupts your focus or mechanics in game-time situations. Just like physical strength, your mental resilience is a muscle that requires deliberate reps to build.

A Note On Your Score

Your Clutch Factor is not the be-all, end-all; it is just one piece of your complete athletic profile. A lower score does not mean you are a bad player. It simply indicates that your physical skills are currently much more developed than your mental skills.

Your clutch abilities are **highly trainable**. By engaging with the targeted personalized exercises below, you can bridge that gap and actively build the mental mechanics required to match your physical talent.

Suggested Exercises

01

VISUALIZATION (PERFECT REP)

Get your reps in before hitting the ice. Find a quiet spot, close your eyes, and visualize yourself executing perfect faceoffs and plays in real-time. Feel the texture of your gloves, hear the roar of the crowd, see the puck drop exactly how you want. This fires the same neural pathways as actual practice, helping you perform with automatic precision when it matters most.

Watch the drill: youtu.be/4SxwpRLBpUA

02

COGNITIVE COOLDOWN WALK

After practice or a game, take a 5-minute walk alone on the bench or outside. Look around and name what you see—'ice rink boards,' 'skates on the bench'—without judgment. This down-shifting helps clear your mind, recharge your mental batteries, and prime you to stay focused and composed for the next big moment.

Watch the drill: youtu.be/Qc7q9L_NRIU

Your Playbook: how to use Clutch Factor data

THE RECRUITING BIO

Treat this score like your SAT for sports. Add your verified Clutch Factor™ score to your X (Twitter) bio, Instagram profile, and directly onto the opening frame of your Hudl highlight reel.

THE COACH OUTREACH

College coaches are terrified of the transfer portal and want athletes who won't fold under pressure. Attach this PDF to your recruiting emails to mathematically prove you have the mental makeup for their program.

THE NEGOTIATION ADVANTAGE

Brands want reliable ambassadors. Use your "Elite" or "Great" classification in Free Agency/NIL sponsorship pitches to prove you are mature, resilient, and built to handle the spotlight.